



Cafe Rowan June 29th - July 3rd

Weekly Menu

Monday

- entrée:** Chicken Marsala
- entrée:** Home Style Beef Stew
- side items:** Zucchini & Tomatoes, White Rice
- side items:** Braised Cabbage, Cauliflower, Apple Cobbler
- exhibition** **Green Goddess Turkey Sandwich**
- soup:** Italian Wedding Soup, & Soup of the day

Tuesday

- entrée:** Mexican Pork Loin
- entrée:** Baked Fish
- side items:** Cilantro Lime Rice, Mexican Street Corn
- side items:** Roasted Red Potatoes, Green Beans
- side items:** Yellow Squash w/ red Pepper
- exhibition** **Verde Latin Kitchen - Build your own Taco**
- soup:** Southwest Tortilla, & Soup of the Day

Wednesday

- entrée:** Smothered Porkchop
- entrée:** BBQ Glazed Meatloaf recipe# 143541
- side items:** Mashed Potato, White Rice, Brown Gravy
- side items:** Collard Greens, Roasted Vegetables
- side items:** Cherry Cobbler
- exhibition** **Sweet Heat Buffalo Chicken Salad**
- soup:** Portuguese Soup & Soup of the Day

Thursday

- entrée:** Tempura Sweet and Sour Chicken
- entrée:** Asian BBQ Beef with peppers and onions
- side items:** Vegetable Lo mein, Fried Rice
- side items:** Sesame Green beans, Broccoli and Carrots
- side items:** Egg Rolls
- exhibition** **Super Stacked Grilled Cheese with Tomato Soup**
- soup:** Lobster Bisque Soup & Soup of the Day

Friday

- entrée:** Cajun Chicken with Penne Pasta & Alfredo sauce
- entrée:** Baked Tilapia with Old Bay Seasoning
- side items:** Yellow Rice, Lima Beans, Garlic Bread
- side items:** Green Beans
- side items:** Cobbler
- exhibition** **Build Your Own Black Angus Burger**
- soup:** Clam Chowder & Soup of the Day

Saturday



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| entrée | BBQ Pulled Pork | Cole Slaw |
| entrée | BBQ Chicken | cobbler |
| sides | Baked Beans, Corn | |
| sides | mac & cheese, | Potato Salad |

Sunday

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| entrée | Chef Special |
| entrée | Chef Special |
| sides | Chef Special |
| sides | Chef Special |

Cycle 2

*Menu is subject to change due to availability.